River Wild Participants 2013
Below is the list of equipment provided by the Clarence River Wilderness Lodge

Pack list for River Expedition Canoe trip
Clothing for travelling
Your choice

Clothing on the water (1 set only)
Long sleeved light cotton shirt
Swimmers or and shorts
Thermal top or wetsuit or old woollen vest or cag (waterproof spray top)
Wetsuit booties or old sandshoes/joggers
Visa or cap

Clothing in camp (1 set only)
T-shirt
Long sleeved shirt: or thermal wear
Jumper, medium weight wool or fibre- pile jacket
Jeans or track suit pants or thermal long johns
Joggers
Rain jacket or japara [when it rains in this area – it really rains hard !]
Beanie
Wool socks
NB: you will need 2 pairs of shoes, 1 pair for on the water and 1 pair for in camp.

Personal Items
Sunscreen
Toiletries (deodorant, roll on only)
Towel (small hand towel or face washer)
Toilet paper (1 half roll )
Torch (reverse batteries or tape switch) PREFERABLY HEAD TORCH
Insect repellent – not aerosol
Any medication relating to on going medical conditions ( eg. Puffer for asthmatics )
Plastic zip lock bags – various sizes
Plastic bag for soiled and wet clothes

Cooking individual
Mug Enamel or plastic
Plate 20cm enamel or plastic
Knife, fork and spoon, nesting type preferable [these all fit together]
T towel

Sleeping
Sleeping bag in stuff bag (good quality down filled winter bag rated at least to 5 degrees)
- The college has good sleeping bags available for a $10 cleaning charge – see Mrs Lee/Mr Capra
Alternatively, a good quality synthetic filled bag with compression straps on the stuff bag.
NB: Do not bring Knifes, tomahawks, aerosol cans, iPods, game boys or mobile phones. On the expedition. You may have mobile phones and iPods on the bus.

Miscellaneous
2 water bottles
Camera

Last night and day gear: We suggest you bring a change of clothes for the last night and day to travel home in. These will be left on the bus but not available during the week.