



St Augustine's College  
AUGUSTINE HEIGHTS

# TUCKSHOP MENU

## TERM 2, 2024

AVAILABLE EVERYDAY

[V] Vegetarian [VG] Vegan [GF] Gluten Free

### WARM FOOD

Pasta Bake [VG][GF].....	\$4.50	Spinach & Ricotta Roll [V].....	\$4.00	Spring Rolls [V] sauce included.....	\$3.50
Potato-topped Pie.....	\$4.00	Cheese & Bacon Roll.....	\$2.00	Chicken Wedges (3).....	\$3.50
Beef Pie.....	\$4.00	Pull-apart Garlic Bread [V].....	\$2.50	Chicken Nuggets (5).....	\$3.50
Byron Bay Beef Pie [GF].....	\$6.00	Dim Sims (2) beef or vegetarian [V].....	\$3.50	Dagwood Dog .....	\$4.00
Traveller Pie.....	\$4.00	Hot Noodle Cup chicken, beef, chicken [GF]..	\$2.50		
Kool School Sausage Roll.....	\$4.00				

### SANDWICHES & WRAPS

Vegemite, Honey, or Jam Sandwich.....	\$3.00	Chicken, Lettuce, Tomato & Mayo Sandwich...	\$5.00	Simply Chicken Wrap.....	\$6.00
Plain Cheese Sandwich [V].....	\$3.00	Toasted Cheese Sandwich [V].....	\$3.50	Chicken tender, lettuce, tasty cheese, spanish onion, mayonnaise	
Ham & Cheese Sandwich.....	\$4.50	Toasted Ham & Cheese Sandwich.....	\$4.50	Toasted Chicken Salsa Wrap.....	\$4.50
Ham, Cheese & Tomato Sandwich.....	\$4.50	Ham & Salad Wrap.....	\$6.00	Chicken, salsa, sour cream, tasty cheese	
Salad Sandwich [V].....	\$5.00	Chicken Caesar Wrap.....	\$6.00	Toasted Falafel & Salad Wrap [V].....	\$6.00
Chicken & Mayo Sandwich.....	\$5.00	Sweet Chilli Chicken & Salad Wrap.....	\$6.00	with tzatziki sauce	
Chicken, Lettuce & Mayo Sandwich.....	\$5.00				

### SALAD

Caesar Salad with bacon.....	\$5.00
Falafel Salad with Hummus[VG] or Tzatziki[V]	\$5.00
Pesto Pasta[V].....	\$6.00

### FRUIT

Watermelon Cup [VG][GF].....	\$3.00
Seasonal Whole Fruit [VG][GF].....	\$1.00
Seasonal Fresh Fruit Bowl [VG][GF].....	\$4.00
Apple Slinky [VG][GF].....	\$2.00

### EXTRAS

Sandwich Bread white or wholemeal.....	+ \$0.00
Well Being Gluten Free White Bread [GF]...	+ \$0.60
Assorted Sauces.....	+ \$0.50
BBQ, tomato, sweet chilli, mustard, soy, tartar	

### SNACKS

Gingerbread Man.....	\$2.50	Greek Yoghurt variety of flavours.....	\$3.00	Hummus with Vegetable Sticks [VG].....	\$3.50
Small Fresh-baked Choc Chip Muffin [V].....	\$1.50	Rice Pudding.....	\$3.50	Hummus with Rice Crackers [GF][V].....	\$2.50
Large Fresh-baked Choc Chip Muffin [V].....	\$3.00	Popcorn.....	\$1.50	Tortilla Chips with Tomato Dip [V].....	\$3.50
Banana Bread original, choc chip, [GF].....	\$2.50	Sweet & Salty Popcorn.....	\$1.50	Cheese & Crackers [V].....	\$2.50
Chocolate or Vanilla Cake Slice.....	\$1.50	Potato Chips variety of flavours.....	\$1.50	Rice Cracker Mix.....	\$1.50
Jelly Cup 150mL [GF].....	\$1.50	Corntos.....	\$1.50	Twiggy Sticks.....	\$2.00
Jelly Custard Cup.....	\$2.50	Pretzels.....	\$1.50		

### FROZEN SNACKS

Raspberry Calippo Mini.....	\$2.00	Twisted Frozen Yoghurt [GF].....	\$2.50	Paddle Pop chocolate, rainbow.....	\$2.00
Icy Twist.....	\$2.00	Vanilla & chocolate, vanilla & strawberry		Juice Icy pole berry, mango, pink lemon.....	\$2.00
Vanilla Ice Cream Cup.....	\$2.00	Lemonade Ice Block.....	\$2.00	Frozen Juice Cup.....	\$1.50

### DRINKS

NU Water 500mL.....	\$2.00	Up & Go.....	\$2.50	Orchy Juice 350mL.....	\$3.50
Aroona Water 1L.....	\$3.50	Chocolate, strawberry, vanilla, caramel		Apple, orange, pineapple, orange passion fruit, apple blackcurrant, mango smoothie	
Waterford Mineral Water variety of flavours...	\$4.00	Nippy's.....	\$3.50	Glee blackcurrant, tropical, berry.....	\$2.50
Lipton Ice Tea.....	\$4.00	Coffee, chocolate, banana, strawberry, honeycomb			
Peach, lemon, mango, raspberry		Popper.....	\$2.00		
Krazy Lemon 200mL/500mL [GF].....	\$2.50/\$4.00	Orange, apple, tropical, apple/blackcurrant			

## DAILY SPECIALS

### MONDAY

Sushi.....	\$3.80
Crispy Chicken and Avo, Tuna and Mayo, Vegetarian or Teriyaki Chicken	
Pizza.....	\$4.00
Ham and cheese or Ham, cheese & pineapple	

### TUESDAY

Nachos.....	\$6.00
Corn chips with a Mexican topper of beef, beans & tomato salsa (cheese & sour cream optional)	
Toasted Chicken & Cheese and Mayo Sandwich.....	\$5.00

### WEDNESDAY

Cheeseburger.....	\$4.50
Oven-baked beef patty, tasty cheese, tomato and burger sauce on a round roll	
Pork Riblet.....	\$5.00
Oven baked pork riblet served on a long roll with fresh lettuce and BBQ sauce	

### THURSDAY

Karaage Chicken.....	\$6.00
served on rice, side salad drizzled with mayo	
Beef Burger.....	\$6.00
Oven-baked beef patty on a round roll with lettuce, tomato & optional sauce	

### FRIDAY

Chicken Burger.....	\$6.00
Oven-baked chicken patty with lettuce & mayonnaise on a round roll	
Vege Burger [V].....	\$6.00
Roasted vegetable patty with lettuce, tomato, beetroot & aioli on a round roll	
Meatball Sub with Cheese	\$6.00
Beef meatballs cooked in a tomato based sauce with herbs, served in a long roll with tasty cheese	